

Just Let it Flow

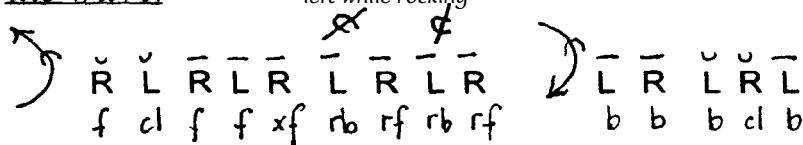
choreography by Bobbi Bailin
to "The River" by Geoffrey Oryema
on cd The African Odysseus

*You can begin with singing or even before and
can end anywhere, but I like to dance as long
as the music goes on and end in calm waters*

v- hold

the wave:

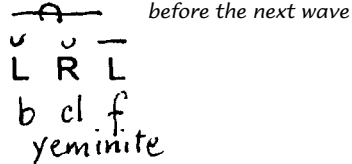
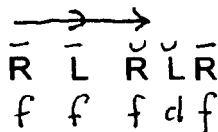
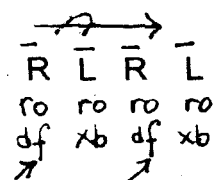
*tip of the wave, twist
left while rocking*



calm waters:

flowing water:

back water:



before the next wave